The importance of reading every day

I recently read an article about the long-term effects of skipping reading homework. The positive effects of regular reading practice is well researched and well documented. Reading really is absolutely fundamental – children need to be able to read well in order to learn and navigate life. Reading also has a surprising number of other benefits:

- Children who read are better at maths
- Reading provides stress relief and boosts analytical thinking
- Reading fiction helps children develop empathy towards others
- Reading boosts self-esteem and communication skills, and
- Reading changes the structure of the brain.

The cumulative effects of children skipping their reading practice or choosing not to read for pleasure cannot be underestimated.

So how do parents develop a daily habit of reading?

- Start with a mini habit – two or three minutes at a time and steadily increasing by a minute
- Add variety to reading – use magazines, newspapers, graphic novels, recipes, instructions for equipment
- Share your own love of reading – talk about your favourite books, read out loud funny passages, and talk about the benefits of reading
- Read aloud books children can’t read for themselves at the moment
- Encourage siblings to read to each other

District Athletics Team

Congratulations to our District Athletics Team who competed against seven other schools on Tuesday. Seven students have gained a place in the Regional Team – Kooper Airey-Bamback (800m), Zane Pederson (200m), Zane Harrison (200m), Chloe Baker (200m), Miah Bye (100m and 200m), Jess Butt (Long Jump) and Jayme-Lee Sydney (High Jump). Well done to all of...
you for your efforts and achievement and also for your sporting behaviour on the day.

**P&C Meeting**

Our monthly P&C Meeting is tonight at 6.00 p.m. in the Staff Room of the Administration Block. Come along and find out what this hard working group of people is doing for your children.

We will be voting in a new position of ‘Vice President Business Operations’. If you are interested in this position, then please come along.

**Enrolments for 2016**

We ask parents with children starting Prep next year to submit their enrolment paperwork as soon as possible. We are planning our Transitions to School Program which includes play groups, parent teacher student conferences, parent information sessions, uniform fittings and the like. This program is only open to families who have submitted the required paperwork.

**QParents**

You may have read in the newsletter over the last few months that we are part of a trial for Qparents. Qparents is an application that gives parents access to the details held at school for their children. It can also be used to correct absence details and pay invoices.

This week we sent out the invitations to sign up to Qparents again. We have sent them a few times this year already.

If you decide that you do not want to open a Qparents account please let us know by return email and we will de-activate the invitation so that you don’t receive it again.

If you think you would like to sign up at a later time, then do nothing now and you will still receive invitations each time we send them.

Remember - to activate your account you will need your child’s EQID number. This was sent home in a letter at the beginning of Term 2. If you have misplaced this you can contact the office.

**NAPLAN**

By now all Year 3 and 5 students will have received their NAPLAN Reports for 2015.

There are many good news stories in our data this year and it is a shame we don’t have access to the information for those students who would have been in Year 7 this year. Areas in which our cohort of students scored above the national cohort are:

- Year 3 Writing, Spelling, Grammar and Punctuation and Numeracy – National Mean Score. 100% of our Year 3s achieved above the NMS in these areas.
- Year 5 Reading for the National Mean Score (98.2%) and Upper Two Bands
- Year 5 Spelling (98.2%) and Grammar and Punctuation (98.2%) for NMS%

Of course, there is always work to do and the information we receive with the reports help us pinpoint the gaps and misconceptions children have in their learning and provide support to the children who need it most.

If parents need assistance reading their child’s NAPLAN Report please contact your child’s teacher.

**Japanese Visitors**

We have had 17 Japanese students in the school over the last two weeks. Many thanks to our families who offered their homes for homestay for students and their teachers. I know you have found this most rewarding, and have possibly made some life long friends in the process.

In making our school available for our visitors we have also benefited – our Japanese Language Program is enriched and all students have had an opportunity to learn some intercultural competencies, which are so valuable in our modern world.

**Extra Curricular Activities**

We have a large number of students across the school engaged in many activities that are outside their class programs but are supplementing their learning. These include:

- Reader’s Cup
- Master classes in Art
- The Kids in Action Conference
- The annual Japanese Speaking Competition
- Tournament of Minds
- Instrumental Music
- Strings
- District Sports Programs and
- Book week

A couple of years ago we would not have been in a position to offer this array of learning opportunities to our students. One of the benefits of being a big school is the depth of staff expertise and the ability to organise time for these events to occur.

Well done to all children who are grabbing these opportunities with both hands!
Principal’s Blogspot

Every so often I blog about events and learning in our school. You can read these at http://peregianposts.blogspot.com.au/. You are also welcome to leave a comment on the blog posts. You will need a Google account to do this. So far more than 20,000 people across the world have read about the wonderful things that go on in our school

**Until next fortnight ….
Gwen**

Deputy Principal’s Column

**Visiting Performance**

With book week only a week away, we are excited about our visiting performance on this Friday that is linked with our Book week activities. It is a musical called *Shine a Light* created by Echelon Productions Pty Ltd. Prep and Year 1 students will have the opportunity to watch the performance at 9.00 a.m., Year 2 and 3 at 11.05 a.m. and Years 4, 5 and 6 will watch at 1.45 p.m. If parents’ SRS payments are up to date there is no need for further payment.

**First Aid training**

All Peregian Springs staff over the next 2 weeks will be undertaking First Aid training for their Senior Certificate or updating their CPR training for the year. Our school is committed to providing a safe and supportive environment for all our students, and our staff being equipped with this training is an example of this.

**Health**

It’s that time of year when many of us are struck down by various viral infections.

Staff members are able to assist with the administration of medications during school, on camp and during excursions; however, there are strict guidelines which must be adhered to in order to do so. Please note the second item, which states that ANY ‘over the counter’ medication must be accompanied by a letter from your doctor.

The following points are for security and safety purposes, and are requirements of the *Health (Drug and Poisons) Regulation 1996* (Qld).

- The parent notifies the school by completing the *Request to Administer Medication at School* form. (see office staff) This may include written guidelines from the prescribing health practitioner, including potential side-affects or adverse reactions.
- For school staff to administer ANY ‘over-the-counter’ medication’, (including any creams, ear/eye drops, Panadol etc.) a letter of *authorisation is required from your doctor or specialist*.
- Provide medication in *original pharmacy labelled container* to the school.
- Ensure medication is not out of date and has an original pharmacy label with the student’s name, dosage and time/s to be taken. Staff members are only able to administer the dose as stated on the pharmacy label. Any variations should be authorised in a letter from the doctor.
- The student has received a dose at home without ill effect.
- Where parents are working with a prescribing health practitioner to determine a dose for that day (e.g. insulin, Rivotril) parents will provide a letter from the prescribing health practitioner instructing that parents will be responsible for notifying the school of the adjusted dose.
- Certain medical conditions will require an Action Plan, Individual Health Plan or Emergency Health Plan prepared in conjunction with your doctor. Please refer to our office staff for details.

Thank you for your assistance in this matter. If you have any questions please do not hesitate to contact the office at school.

**Regards**

**Dave Foxover**

**Students are required to wear**

Peregian State School jumpers or a navy blue jumper/cardigan in this cooler weather.

**Head Of School – Student Support**

School rules

The KidsMatter Project Team recently met to view the results of the Term 2 Health and Wellbeing survey. This survey was completed by 60 parents, 50 staff and 750 students. The survey data enables the school to identify what is working well and areas to focus on for improvement.

The 4 components of KidsMatters are:

1. Positive school community
2. Social and emotional learning
3. Working with parents and carers
4. Helping children with mental health difficulties

The project team is currently analysing data around component 1.
The project team is made up of a variety school community representatives.

Parenting Ideas

The school subscribes to Parenting Ideas by Dr Michael Grose. Parenting Ideas offers positive parenting tips on child development for raising children and teenagers to be happy and resilient and building strong families.

All families can access this site through a link on the front page of our school website.

10 Tips for Homework by Michael Grose

1. Establish homework time and stick to it each day. If children tell you that they don’t have any formal homework then they can read, revise or organise their work. My feedback tells me that sticking to a routine despite the fact that no formal homework is set is extremely useful and helps to avoid battles.

2. Put the onus back on your children to take responsibility for their work. Ask children at the start of a homework session to state how much homework they will do. At the end of the session check it to see if it matches with their intentions as well as yours. If you are more concerned about homework than them, then it is you, not your children who is responsible for homework.

3. Homework is as much a time management issue as anything else. Encourage students to work reasonably quickly and efficiently. Have a point slogging set time limit, which they should stick to. There is generally little away once they become frustrated or tired. Give them an egg-timer or use a clock and get them to work hard for small chunks of time. A little work each night is more productive than packing it into one weekly session.

4. Help children decide the best time to do homework and then encourage them to stick to those times. Maybe on some days homework is tackled after dinner for any number of reasons. If having homework done straight after school is important to you then consider feeding children ONLY after homework is completed. Food can be a huge motivator for some children!!! (As mentioned in point 1 it is important that there is a homework routine, but the timing can vary.)

5. Establish a good working environment for students. Make sure they have a quiet area away from distractions, that is well lit and with good ventilation. A table or desk makes a good workspace, although don’t be surprised if they spread work out all over the kitchen table. Some kids hate to be stuck away in their rooms and prefer to work at the kitchen table and can do so productively. Others are easily distracted and work in short bursts. Work out what is best for YOUR child.

6. Use the motivating research tool of the 21st Century - the Internet. It is quick, convenient and gives access to huge amounts of information. Nevertheless, children should still know how to access information from more traditional means such as books. Check with your child’s teacher as to their specific recommendations and preferences.

7. Encourage children to get organised by thinking ahead and planning their homework around their extra-curricular activities. A weekly planner or diary will help older students get organised. Assisting children to become organised is perhaps the best way parents can help at home.

8. If you are helping a child with a particular task, keep your explanation as simple and practical as you can. If you become upset or frustrated and the atmosphere becomes tense then stop helping.

9. Be realistic and don’t expect to solve all homework difficulties. When in doubt send a note to your child’s teacher letting him or her know the problem. The teacher will appreciate this good communication.

10. If you have concerns about the how much homework your child is set or the level of difficulty of homework contact the teacher and arrange a time to discuss your worries. Such discussion is the basis of true partnership between you and your child’s teacher.
Meet and Greet
Tuesday 01 September
2.15 p.m.— 3.00 p.m.

Responsible Behaviour Plan
This Term’s Meet and Greet will provide parents with an opportunity to share their thoughts on the current plan and any possible future changes to this plan.

http://peregian springs.eq.edu.au/
Supportandresources/Formsanddocuments/
Documents/responsible-behaviour-plan.pdf

All parents and guardians are invited to attend. Nibbles and a cuppa provided.

Michael Slocombe
Anne Slattery
Head of School – Diverse Learners

Literacy & Numeracy Support
Students who may benefit from literacy and/or numeracy support for this Semester have been given letters to take home during the past fortnight. Please don’t hesitate to contact myself, or the class teacher with any of your queries.

National Consistent Collection of Data
Recently we collected data across our school of the number of students who require support for their learning, and their environment. This highlighted the array of diversity we have here at Peregian Springs State School, with 23% (208) of our students becoming successful learners through direct support by our class teachers, specialist staff, support staff, and their peers. It’s great for all of our students, families and staff to build upon their tolerance and acceptance. For more information about this nationally collected data go to http://www.schooldisabilitydatapl.edu.au/

Regards
Anne Slattery

Prep News
The Preps are really loving playing with our new water trough filled with seed. We are having wonderful sensory play, as the seed feels incredible, but also working on our learning of capacity, volume and a variety of other mathematical concepts! The seed we are using is called sorghum, so it will also grow into grass with a little water. This ties in beautifully with our Life and Living unit in Science at the moment.

Prep Team

Woolworth’s Earn and Learn

Save your stickers from Woolworths and bring them into the school office. We earn $$’s from your spending! $10 spent in Woolworths = 1 sticker.

Uniform Shop
Don’t forget to come in and purchase one of the new reversible bucket hats, priced at a very reasonable $14.50.

A reminder that we have a new uniform supplier and are expecting to take stock of this uniform in the middle of Term 4. The overall look and feel of the uniform will remain the same; however, we have taken into consideration all the feedback we’ve received, and incorporated the changes into the uniform.

The new supplier can make garments in 100% cotton for any families concerned about skin allergies (at a small additional cost). Please contact me if you would like to discuss the
options and/or order any non-standard uniform items –
uniforms@peregianspringsss.eq.edu.au

Sonia Sheridan
Uniform shop coordinator
Administration Officer

UNIFORMS

Please ensure students have the correct uniform at all
times by ordering items from the Uniform Shop.

All children require black shoes with navy or white
socks. We recommend black joggers as children are
engaged in a lot of physical activity at school. Currently
there are many children wearing shoes of other colours or
wearing shoes that do not support vigorous activity.

Our school community is proud of our school uniform and
takes pride in the way children present themselves. We
note that children who present at school in clean and tidy
uniforms are often better behaved and more attentive in
class.

Your cooperation in ensuring your child is wearing the
correct uniform is appreciated

Behaviour Support

Being the Parent You Want to Be

You are invited to be part of our highly
acclaimed Parenting Program, Parenting
with Choice Theory Psychology – Being the
Parent You Want to Be. More than 120
families have attended the program over the
last six months at Peregian Springs and
Sunshine Beach State Schools. The four week program was
developed by our very own Behaviour Support Specialist,
Gerard O’Brien. Gerard will run the program at no charge for
parents of Peregian Springs students again this term.

Some of the topics we will cover include:

- recent discoveries in neuroscience and their
  implications for parenting
- an introduction to Dr William Glasser’s Choice Theory
  psychology which gives us insight into ourselves and
  our children’s personalities, needs and behaviour
  (Choice Theory is the underlying psychology at
  Peregian Springs State School)
- raising happy, resilient and healthy children –
  preparing them for the world ahead
- building and maintaining our relationship with even
  the most difficult child
- navigating the difficult times calmly and in control
- adjusting our parenting as our children mature
- being the parent you want to be
- how to put this all into practice

A comprehensive parent workbook is part of the program.
We will meet for 4 x 2 hour sessions. Please meet me at the
front office in the Administration Building.

Dates: Mondays – August 17, 24, 31 and September 7
Time: 8:40 – 10:40 a.m. (we need to start right on time
to cover the full program)
Venue: Learning Enhancement Centre
Cost: Free

To register:
http://peregiansss.schoolzinenewsletters.com/bookings.htm
please contact the school on 5351 2222 or email us at
admin@peregianspringsss.eq.edu.au

This program is highly recommended for all parents.

‘The whole program is brilliant. I truly hope all parents get to
participate and I thank you for bringing it to us.’

‘Thanks so much Gerard, it has given me some real tools that I
could use straight away, that are making a big difference for me
and the whole family.’

Resource Centre News

Book Week is only 2 weeks away and you
may have already heard that each class has
chosen a book that has lit up their world
and plan to dress as a character from that
book. Please help your children with this.
They are very excited about dressing-up.

We have created a display around this
year’s theme ‘Books Light Up Our World’
and of the CBCA’s (Children’s Book Council of Australia)
shortlisted books. The winners are announced at the beginning
of Book Week (22-28 September) on the CBCA website
(cbca.org.au).

This Friday all students in the school have been invited to attend
a one hour musical performance based on the Book Week
theme and 3 or 4 of the shortlisted books. We have been
reading these to every class and I have given the Preps and
Year 1s an activity about these books to prepare them for
Friday.

Sincere thanks for your efforts ‘behind the scenes’ to make
Book Week special for your children. It is always a busy time for
parents, especially for those of you who create costumes from
scratch.

We look forward to seeing you at the special Book Week
assembly on 28 August.

Maree Johnson
Teacher-Librarian

‘If you only read the books that everyone else is reading, you
only think what everyone else is thinking.’ Haruki Murakami
(Norwegian Wood)
Partnerships

Remember to mention our school if you or a friend is selling through Star or Mondo Real Estate so that our school can benefit from a large donation when the property sells!

On Sunday 13 September the Car Boot Sale is on again! Focusing on early advertising we are sure this will be a great success as it was last term. It’s just in time for Spring-cleaning!

We are putting the call out for the parents of our wonderful Year 5 students. Burnett at Noosaville have kindly given us the opportunity to run their BBQ for Sunday 20 September. All proceeds go straight to the P&C, which is brilliant! We are setting up a roster for 2 hour shifts - get a group together for a laugh!

Please email me at sarah.wedgwood@yahoo.co.uk if you would like to join us in one of these ventures.

Thank you in advance for your support,

Sarah Wedgewood and the Fundraising Team.

Fundraising

On Thursday 03 September we are running our Father’s Day Stall. We have purchased 1000 gifts and are ready for the kids wanting to find their ‘perfect’ gift for Dad. Watch out for posters coming out next week!

Discounted Movie Tickets


Purchase adult movie tickets from $10.50 and children’s tickets at $10.00 and help raise money for our school, please copy the above link into your browser, the school receives $1.00 per ticket purchased.

Book Covers

Needing Book Covers for the new school year, try these ones; EZ Covers are environmentally friendly, recyclable, reusable and only $1.20 each regardless of the size, plus the school receives 10c for every cover purchased.

http://www.ezcover.net.au/school_rebate.htm

Hi School Bankers!

Just a reminder to please ensure deposit slips are filled out correctly with FULL NAME, ACCOUNT NUMBER, STUDENT ID, DATE and CORRECT DEPOSIT AMOUNT. A few have been coming through not filled out at all, or incorrectly. Thank you for your co-operation.

For the safety of coins, notes and tokens could I please advise to keep in the velcro side of your bank book wallet to avoid loss.

Also a reminder, 10 silver tokens can be re-deemed for one of the fantastic prizes on offer released each term.

As tokens are tallied electronically per student per deposit, siblings or friends tokens cannot be used for a reward redemption. On hand tokens should match the electronic tally. If you would like to know your tally please leave a note in with your next banking. If you feel there are any discrepancies please let myself or Natalie know so this can be adjusted.

We have 299 student bankers which is great! Our school earns 5% commission on every deposit made (to a maximum of $10 per individual deposit). Whilst your savings grow you also contribute to our school. A whopping $961.87 commission was made last year. Let’s beat it this year!!
If your children are not currently involved in the School Banking Program and you would like to know more, please ask for a 2015 School Banking Program Information Pack from the School office.

Thanks and Happy Banking
Kim and Nat

Payments Procedure PSSS

Please ensure when you are making a payment to the school for an Excursion or Camp by EFT or Cash/Card that the permission forms are also forwarded to the office. We are then able to match payment to permission forms and stamp them paid and hand them on to the teacher concerned. Please do not send any money to your student’s teacher. All money is to come directly to the office. Payment times are 8:00 a.m. – 12:00 p.m. every week day.

Due to the requirements of Education Queensland with regards to banking and cash on premises, the school office is unable to process payments after 12.00 p.m. each day. Payments can be made online.

Student Resource Scheme

These funds cover costs associated with art, cooking and other special activities including Mother’s Day, Father’s Day, Easter and other special events.

The Student Resource Scheme payment can be made at the school office or directly into the school bank account. PSSS is registered with Centrelink and you can arrange through the BSM to have payments deducted directly each fortnight from your nominated benefit. Please make an appointment to speak with the BSM, Jill Hamilton about this.

Student Celebrations

Nina Cunninham placed first in her Piano Eisteddfod -memory solo - last weekend. She also got a Highly commended for another section - 20th century solo.

She has been working very hard and will be doing her 6th Grade exams later this year.

Tremendous Nina!

Amelia Khan class 6H won King of the Mountain under 12’s. She won a trophy and $200 worth of vouchers. Her twin sister Rosie Khan 6H came 3rd. Great effort in a really tough race!

We have amazing kids in our school achieving in their chosen interests at high levels. If your child has achieved something wonderful outside school please let us know either through the office, your child’s teacher or email

the.principal@peregianspringsss.eq.edu.au

We love to hear about what our kids are doing!

Follow us on Facebook

Search Peregian Springs State School and click ‘Like’. We are regularly posting news and reminders. Our feed also appears on the opening page of our website. This service is for parents. Children must be 13+ to be allowed a Facebook page