

2022 - TERM 3

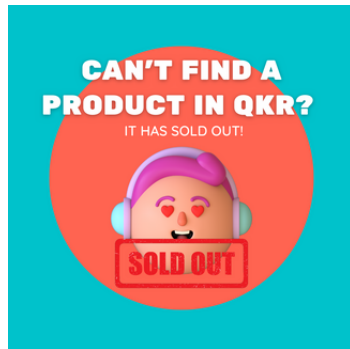
TUCKSHOP MENU

toasties

first break only (wed + thurs)

Cheese Toastie	\$3.50
Ham & Cheese Toastie	\$4.00
Ham, Cheese & Tomato Toastie	\$4.50
Ham Toastie	\$3.50

Gluten free bread available + \$0.50



snacks

Veggie Sticks + Hummus	\$2.50
Cheese, Crackers + Sultanas (gluten free)	\$2.50
Mini Corn Cob (2 pieces)	\$1.00
Fresh Fruit Salad Cup	\$3.00
Fruit Salad in Natural Juice Pot	\$2.00
Jelly Pot	\$2.00
Sweet Muffin (home made)	\$3.00
Cookie (choc chip)	\$1.20
Jumpy Chips (chicken or salt +vinegar)	\$1.40
Popcorn	\$0.80

drinks

Kombucha	\$3.50
Sparkling Flavoured Mineral Water	\$2.50
Coconut Water	\$3.00
Fresh Plain Milk	\$2.00
Breaka Flavoured Milk	\$2.80
Fruit Juice Popper	\$2.50
Lipton Iced Tea	\$3.50

frozen

Frozen Yoghurt (Vanilla or Strawberry or Mango)	\$2.80
Frozen Sorbet (Strawberry or Mango or Lemon)	\$2.80

sushi

first break only

Avocado Roll	\$4.00
Tempura Veggie Roll	\$4.00
Cooked Tuna Roll	\$4.00
Crispy Chicken Roll	\$4.00



Medium size rolls made to order fresh each morning.
All sushi is gluten & dairy free, including the soy sauce sachet.
Sushi Wave's sushi rice is sugar free, and only use free-range chicken.

hot food

Cheesy Garlic Bread	\$3.00
Margherita Pizza Wrap	\$3.50
Hawaiian Pizza Wrap	\$4.50
Ham + Cheese Pizza Wrap	\$4.00
Hot Dog	\$4.50
Chicken Nuggets (6)	\$4.50
Garlic Bread	\$2.50
Sausage Roll	\$4.20
Pie (small - 90g)	\$3.00
Pie (large - 190g)	\$4.00

Tomato or BBQ sauce available +\$0.50

sandwiches & wraps

Ham Sandwich	\$4.00
Cheese Sandwich	\$3.50
Ham & Cheese Sandwich	\$4.50
Tuna & Cucumber Sandwich	\$4.50
Vegemite Sandwich	\$1.50
Jam Sandwich	\$1.50
Honey Sandwich	\$1.50

Gluten free bread available + \$0.50

Crispy Chicken Wrap (chicken schnitzel, lettuce + mayo)	\$4.00
Ham & Salad Wrap	\$6.00
Tuna Salad Wrap	\$6.00
Chicken Salad Wrap	\$6.00
Cheese & Salad Wrap	\$6.00

(wrap salad: lettuce, cucumber, tomato, carrot + beetroot)

Gluten free wraps available + \$0.50



ORDERS NEED TO BE PLACE BEFORE 8:30AM
ON THE DAY OF ORDER VIA QKR!

